

Detailed Topic Outline

Course Name (ex: 10-hour construction):

Location (street address, city, state, zip):

Remember:

- *Limit of 7.5 hours of active training time and 10 hours of total time for each training session*
- *Minimum of 10-min break for every two consecutive hours of training and 30-min meal break for every six hours of training*
- *Breaks, meal times, administrative activities (testing, taking attendance, evaluations, etc.) cannot count towards final 10 or 30 hours*