



OSHA Outreach Training: Cal/OSHA Partnership Program

CAL/OSHA 10-Hour Construction Industry Required Course Topics	
Mandatory (7 hours)	Electives (2 hours)
<ul style="list-style-type: none"> • Introduction to OSHA and Cal/OSHA (1 hour) • OSHA Focus Four Hazards (4 hours) <ul style="list-style-type: none"> (1) Falls (minimum 1 hour and 30 minutes) (2) Electrocution (3) Struck-By (e.g., falling objects, trucks, cranes) (4) Caught-In or Between (e.g., trench hazards, equipment) • Personal Protective Equipment and Lifesaving Equipment (30 minutes) • Health Hazards in Construction (30 minutes) <i>May teach noise, hazard communication, lead, asbestos, and crystalline silica or any other construction health hazard.</i> • Injury and Illness Prevention Program (IIPP) and Heat Illness Prevention (1 hour) 	<p>Choose at least 2 of the following topics. <i>Minimum length of any topic is 30 minutes.</i></p> <ul style="list-style-type: none"> • Confined Space • Cranes, Derricks, Hoists Elevators, and Conveyors • Excavations • Materials Handling, Storage, Use and Disposal • Scaffolds • Stairways and Ladders • Tools – Hand and Power <p>REMAINING ONE HOUR</p> <p>Teach any construction industry hazards or policies and/or expand on the mandatory and/or elective topics. The minimum length of any topic is 30 minutes.</p>