

30-Hour General Industry Outreach Training Program Designated Training Topics

30-Hour General Industry Required Course Topics Mandatory (12 hours) Electives (10 hours) Choose at least 5 of the following topics. Minimum length of any topic is 30 minutes. Introduction to OSHA (1 hour) Hazardous Materials (Flammable and Managing Safety and Health (2 hours) Combustible Liquids, Spray Finishing, Compressed Gases, Dipping and Coating Walking and Working Surfaces, including Fall Operations) Protection (1 hour) Permit-Required Confined Spaces Exit Routes, Emergency Action Plans, Fire Lockout / Tagout Prevention Plans, and Fire Protection (2 hours) Machine Guarding Welding, Cutting, and Brazing Electrical (2 hours) Introduction to Industrial Hygiene **Bloodborne Pathogens** Personal Protective Equipment and Lifesaving **Ergonomics** Equipment (1 hour) **Fall Protection** Safety and Health Programs Materials Handling (2 hours) **Powered Industrial Vehicles** Hazard Communication (1 hour) OPTIONAL (8 Hours) Teach any other General Industry hazards or policies and/or expand on the mandatory and/or elective topics. Minimum length of any topic is 30 minutes.