OSHA® Training Institute Education Centers
Chabot - Las Positas Community College District

OSHA Outreach Training: Cal/OSHA Partnership Program

Cal/OSHA 30-Hour Construction Industry Required Course Topics	
Mandatory (16 hours)	**Electives (12 hours)**
• Introduction to OSHA and Cal/OSHA (1 hour) • Managing Safety and Health (2 hours) *Must cover 8 elements of the Cal/OSHA Injury and Illness Prevention Program (IIPP) and Code of Safety Work Practices* • OSHA Focus Four Hazards (6 hours) (1) Falls (minimum 1 hour and 30 minutes) (2) Electrocution (3) Struck-By (e.g., falling objects, trucks, cranes) (4) Caught-In or Between (e.g., trench hazards, equipment) • Personal Protective and Lifesaving Equipment (2 hours) • Health Hazards in Construction (3 hours) *Must include noise, hazard communication, lead, silica (including 1530.1) asbestos, and heat illness prevention* • Stairways and Ladders (1 hour) • Confined Space (1 hour)	Choose at least 6 of the following topics. *Minimum length of any topic is 30 minutes.* • Concrete and Masonry Construction • Cranes, Derricks, Hoists, Elevators, and Conveyors • Ergonomics • Excavations • Fire Protection and Prevention • Materials Handling, Storage, Use and Disposal • Motor Vehicles, Mechanized Equipment and Marine Operations; Rollover Protective Structures and Overhead Protection; and Signs, Signals and Barricades • Powered Industrial Vehicles • Safety and Health Programs • Scaffolds • Steel Erection • Tools – Hand and Power • Welding and Cutting • Foundations of Safety and Leadership (2.5 hours minimum) <u>Optional (2 hours)</u> Teach other construction industry hazards or policies and/or expand on the mandatory or elective topics. The minimum length of any topic is 30 minutes.