

EXAMPLE OF ACCEPTABLE TOPIC OUTLINE/AGENDA

10-hour Construction Class

Day 1 – 5/1/2018, 8:45am-5pm, 7600 Dublin Blvd., Dublin, CA 94568

Time	Topic/Activity	Notes
8:45am - 9am	Opening, Introductions, Classroom Guidelines*	Confirmed spelling of names
9am - 10am	Introduction to OSHA	
10am-10:15am	Break	
10:15am-11:30am	Caught-In or Between	
11:30am-12:15pm	Electrocution	
12:15pm-1pm	Lunch	
1pm - 2:30pm	Falls	
2:30pm-3pm	Struck-By	Taught by guest trainer – see guest trainer qualifications
3pm-3:10pm	Break	
3:10pm-4pm	Health Hazards in Construction	
4pm-5pm	PPE	Hands-on exercise

Day 2 – 5/2/2018, 10:30am-2:30pm, 7600 Dublin Blvd., Dublin, CA 94568

Time	Topic/Activity	Notes
10:30am-11:30am	Stairways and Ladders	
11:30am-12:30pm	Excavations	
12:30pm-12:45pm	Break	
12:45pm-2pm	Cranes, Derricks, Hoists, Elevators & Conveyors	
2pm-2:30pm	Review and Test*	Double-checked student addresses

* - considered administrative and cannot count towards 10 or 30 hours of class time

EXAMPLE OF ACCEPTABLE TOPIC OUTLINE/AGENDA

10-hour General Industry Class

Day 1 – 5/1/2018, 7600 Dublin Blvd., Dublin, CA 94568

Introduction & Classroom Guidelines*	12pm-12:30pm
Introduction to OSHA	12:30pm-1:30pm
Hazard Communication	1:30pm-2pm
Break	2pm-2:10pm
Hazard Communication (continued)	2:10pm-2:45pm
Hazardous Materials	2:45pm-3:45pm
Break	3:45pm-4pm
Walking & Working Surfaces (including falls)	4pm-5pm
Exit Routes, Emergency Action Plans, Fire Prevention Plans, Fire Protection	5pm-6pm

Day 2 – 5/2/2018, 7600 Dublin Blvd., Dublin, CA 94568

Bloodborne Pathogens	10am-11am
Personal Protective Equipment	11am-12pm
Break	12pm-12:15pm
Electrical	12:15pm-1:30pm
Machine Guarding	1:30pm-2:15pm
Break	2:15pm-2:25pm
Hearing Protection (optional topic)	2:25pm-3pm

* - considered administrative and cannot count towards 10 or 30 hours of class time

