



## 10-Hour General Industry Outreach Training Program Designated Training Topics

<b>10-Hour General Industry Required Course Topics</b>	
<b>Mandatory (7 hours)</b>	<b>Electives (2 hours)</b>
<ul style="list-style-type: none"> <li>• Introduction to OSHA (2 hours)</li> <li>• Walking and Working Surfaces, including Fall Protection (1 hour)</li> <li>• Exit Routes, Emergency Action Plans, Fire Prevention Plans, and Fire Protection ( 1 hour)</li> <li>• Electrical (1 hour)</li> <li>• Personal Protective Equipment and Lifesaving Equipment (1 hour)</li> <li>• Hazard Communication (1 hour)</li> </ul>	<p>Choose at least 2 of the following topics. Minimum length of any topic is 30 minutes.</p> <ul style="list-style-type: none"> <li>• Hazardous Materials</li> <li>• Materials Handling</li> <li>• Machine Guarding</li> <li>• Introduction to Industrial Hygiene</li> <li>• Bloodborne Pathogens</li> <li>• Ergonomics</li> <li>• Safety and Health Program</li> <li>• Fall Protection</li> </ul> <p><u>OPTIONAL ONE HOUR</u></p> <p>Teach any other general industry hazards or policies and/or expand on the mandatory and/or elective topics. Minimum length of any topic is 30 minutes.</p>